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MH2022

9th International Organisation of Physical Therapy in Mental Health Conference

www.ioptmh2022.com

ATHENS, GREECE



CROWNE PLAZA Athens Hotel, City Center







9th International Organisation of Physical Therapy in Mental Health Conference

ATHENS, GREECE MAY **4-6**, 2022

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Physiotherapy in Mental Health; ______What's next?__

Organisation

International Organisation of Physical Therapy in Mental Health,

Greek scientific section «Physiotherapy in Mental Health» of PanHellenic Physiotherapists' Association



International Organization of Physical Therapy in Mental Health



Under the auspices of

Ministry of Health



Ministry of Tourism







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Organizing Committee (OC)

Chair

Stathopoulos, Stavros, PT, Greece

Members

Charonitis, Epameinondas, PT, Greece Georgakopoulos, Evangelos, PT, Greece Mastoras, Nikolaos, PT, Greece Mitsikaris, Georgios, PT, MSc Greece Patsiris, Stephanos, PT, MSc, PhD candidate, Greece

Scientific Committee (SC)

Chair

Chatzidamianos, Theodoros, PT, PhD, Greece

Members

Canales, Janette Z., PT, PhD, Brazil Catalán - Matamaros, Daniel, PT, PhD, Spain Danielsson, Louise, PT, PhD, Sweden Gálvez Olvera, Norma Elisa, PT, MSc, Mexico Montoya Hurtado, Olga Lucia, PT, MSc, Colombia Nyboe, Lene, PT, PhD, Denmark Sfetsioris, Dimitrios, PT, PhD, Greece Staub, Cristina, PT, PhD, Switzerland Van Damme, Tine, PT, PhD, Belgium Venigalla, Sumanth Kumar, PT, PhD, Singapore Vera - Salazar, Roberto, PT, Msc, Chile Yamamoto, Taisei, PT, PhD Japan: Zambo - Andersen, Ellen, PT, PhD, USA



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General Information

Conference Venue

Crowne Plaza Athens - City Centre Hotel 50, Michalakopoulou str. GR 11528 Athens Phone: + 30 210 727 8000 View the **hotel** and the **location**.

Dates

May 4, 5, 6, 2022

Type of event

Hybrid Conference. The hybrid format enables in-person participation (physical presence) as well as remote (online) participation.

Official language

The official language of the conference is english. No interpretation will be available.

Main Conference Hall

Ballroom

Workshop Hall

Ballroom

Exhibition and Break Area

Ballroom foyer

Registration

Electronic Registration is **mandatory** for all participants and exhibitors. Choose to register via various categories Member, Non-member IOPTMH and other Health Care Professionals, Retired, Entry level students either you particate on site or online. Registration fees are inclusive of VAT. We strongly recommend all participants to read the Registration information and select the preferred attendance type. For more information about registration and cancelation policy please advise the Registration page <u>here</u>.



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General Information

ATTENDANCE TYPES

Physical Attendance

The physical registered delegates will have both onsite and online access to the following:

- In-person attendance of the scientific conference proceedings as well as web attendance via the live streaming platform.
- Access to on-demand session watch at the end of every conference day, available for 24hrs. After current deadline, sessions won't be available.
- In-person attendance at workshops.
- Access to all digital conference's materials and tools within the platform. (Program, promo leaflets, digital evaluation, chat with others delegates, and write down questions or comments).
- Access to the exhibition area.
- Access all e-posters within the conference venue hall.
- Access to coffee and lunch breaks according the final program.
- E-Certificate of Attendance
- Access to the abstract e-book

Online attendance

The web-registered delegates will have access only to the following:

- Online conference attendance via the live streaming platform.
- Access to on-demand session watch at the end of every conference day, available for 24hrs. After current deadline, sessions won't be available.
- Online attendance at workshops.
- Access to all digital conference's materials and tools within the platform. (Program, promo leaflets, digital evaluation, chat with others delegates, and write down questions or comments).
- Access all e-posters from the online platform.
- E-Certificate of Attendance
- Access to the abstract e-book.



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General Information

LIVE STREAMING PLATFORM

In order to log in and attend the conference online, please visit home page and click <u>LIVE STREAMING</u> button on the menu. Follow the instructions to log in. Please note that in order to log in successfully, you have to use the same e-mail account you've submitted during registration. Any different e-mail account will be considered as a new registration.

E-POSTER

E-posters will be available all conference days for on-site acess (Ballroom foyer) as well as for online access to web and hybrid delegates (online e-posters will be available from the LIVE STREAMING platform).

ABSTRACT e-BOOK

All abstracts (oral and e-posters) that presented in the conference will be published as an e-book, in a short period after conference ends. More information <u>here</u>.

COVID-19 PREVENTIVE MEASURES

Vaccination Certicifate

All on-site delegates must display and scan at the secretariat before entering the conference hall their digital or hardcopy vaccination certificate / recovery or else access will be denied. All delegates that intend to attend the conference in-person are kindly requested to read the information for delegates under COVID 19 Restrictions.

Masks

Before entering the conference hall, all delegates must wear FFP2 masks at all times while being in the conference hall, foyer during the breaks, etc. Masks will not be provided by the Conference organisers. Please read more <u>here</u>.

CERTIFICATE OF ATTENDANCE

Certificate of attendance will be available only to those delegates (physical and online) who will attend the 60% of the conference proceedings. Attendance hours for each delegate (physical and online) will be available within the online platform at the login section. The certificate of attendance will be sent by the secretariat, only after submitting the digital conference evaluation. The certificate will be sent direct to the registered e-mail that the participant submitted during the electronic registration.



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General Information

Conference Website

https://www.ioptmh2022.com/

Social Media Pages



Administration - Communication - Secretariat



Alpha Public Relations & Integrated Marketing S.A 55, Pytheou Str, GR 11743 Athens Tel: 0030 210 3645 629 E-mail: info@apr.com.gr Website: www.apr.com.gr

Please contact for:

- Organising Committee: organcom@ioptmh2022.com
- Abstracts: abstracts@ioptmh2022.com
- Registration: registration@ioptmh2022.com
- Accommodation: accommodation@ioptmh2022.com
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Special Thanks

The organizing committee wishes to acknowledge the financial support provided by:





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Wednesday May 4, 2022

14:00 - 14:20	Welcome and meeting colleagues
14:20 - 15:50	ORAL PRESENTATION I
	Chairs: Chalari, Efthymia (Greece), Papatsimpas, Vasileios (Greece) Present from OP-01 to OP-09
16:00 - 16:45	Workshop I Yoga for Relaxation & Health for People with Psychiatric Conditions. Zambo - Anderson, Ellen (USA)
16:45 - 17:00	Coffee break
17:00 - 17:30	KEYNOTE SPEAKING: Long COVID-19
	Lessons learned from the COVID-19 Pandemic. Speaker: Stokes, Emma (Ireland) Chairman: Chatzidamianos, Theodoros (Greece)
17:30 - 18:00	Opening remarks
	Stathopoulos, Stavros Chair of the Organizing Committee of 9 th IOPTMH Conference 2022
	Stokes, Emma President World Physiotherapy
	Catalán - Matamoros, Daniel President of IOPTMH
	Chatzidamianos, Theodoros Chair of the Scientific Committee of 9 th IOPTMH Conference 2022
	Lymperidis, Petros President of the Panhellenic Physiotherapists' Association
	Rapti, Zoi Deputy Minister for Mental Health
18:00 - 18:30	KEYNOTE SPEAKING: New Technologies in Mental Health
	The future of the use of technology in Mental health/ The benefits and barriers innovating regarding the use of technology in Mental health. Speaker: Gkouvas, Nikolaos (Greece) Chairman: Chatzidamianos, Theodoros (Greece)



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Wednesday May 4, 2022

18:30 - 19:00 KEYNOTE SPEAKING: The Institutional Approach Physiotherapy in Mental Health: Challenges for the future. Speaker: Probst, Michel (Belgium) Chairman: Chatzidamianos, Theodoros (Greece) 19:00 - 19:45 Workshop II (WKS02) - Entrustable Professional Activities in PTMH Beker, Esther (Netherlands) Slootweg, Linda (Netherlands)



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Thursday May 5, 2022

09:45 - 10:30	Workshop III (WKS 03) - Physiotherapy guidelines for patients with eating disorder Probst, Michel (Belgium)
10:30 - 11:00	KEYNOTE LECTURE I
	I took the road less traveled by and that has made all the difference. Speaker: Vancampfort, Davy (Belgium) Chairman: Chatzidamianos, Theodoros (Greece)
11:00 - 11:30	KEYNOTE SPEAKING: The patients voice
	Mental health & well-being: what your patients are thinking. Speaker: Nomidou, Katerina (Greece) Chairman: Chatzidamianos, Theodoros (Greece)
11:30 - 12:40	ORAL PRESENTATIONS II Chairs: Patsaki, Irini (Greece) Patsiris, Stephanos (Greece) From OP-10 to OP-16
12:40 - 13:40	Lunch Break
13:40 - 14:00	KEYNOTE LECTURE II
	Physiotherapy in mental health and Chronic Pain. Speaker: Ryan, Deirdre (Belgium) Chairman: Chatzidamianos, Theodoros (Greece)
14:00 - 15:00	Session I Chairs: Skjærven, Liv - Helvik (Norway) Van Damme, Tine (Belgium)
14:00 - 14:15	The International Clinical Master in Basic Body Awareness Methodology. A post-graduate study programme in Mental Health Physiotherapy. Catalán - Matamoros, Daniel (Spain)
14:00 - 14:15 14:15 - 14:30	The International Clinical Master in Basic Body Awareness Methodology. A post-graduate study programme in Mental Health Physiotherapy.



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14:45 - 15:00	Clinical Models Serving as Maps for Mental Health Physiotherpay Approaching the movement awareness domain - Theory Develpoment in Basic Body Awareness Therapy (BBAT). Skjærven, Liv - Helvik (Norway)
15:00 - 16:00	Session II Chairs: Canales, Janette Z. (Brazil), Staub, Cristina (Switzerland)
15:00 - 15:15	Toward Cellular and Metabolism Hallmarks in Mental Disorders. Focus on the Link Between Obesity, Depression and Alzheimer's Disease. Vera - Salazar, Roberto (Chile)
15:15 - 15:30	The meaning of movement quality in autism - specialized physiotherapists' experiences in a phenomenological study. Bertilsson, Ingrid (Sweden)
15:30 - 15:45	Access to physical therapy services for people with dementia/cognitive decline during the COVID-19 pandemic. Rosa, Marlene (Portugal)
15:45 - 16:15	Coffee break
16:15 - 16:35	KEYNOTE LECTURE III
	Assessment of the Impact of Pandemic COVID-19 on the Mental Health of Patients with Rheumatic Diseases. Results of the REUMAVID study. Speaker: Garrido - Cumbrera, Marco (Spain) Chairman: Chatzidamianos, Theodoros (Greece)
16:40 - 18:00	with Rheumatic Diseases. Results of the REUMAVID study. Speaker: Garrido - Cumbrera, Marco (Spain)
16:40 - 18:00 18:00 - 18:20	with Rheumatic Diseases. Results of the REUMAVID study. Speaker: Garrido - Cumbrera, Marco (Spain) Chairman: Chatzidamianos, Theodoros (Greece) ORAL PRESENTATIONS III Chairs: Christakou, Anna (Greece), Vera-Salazar, Roberto (Chile)
	with Rheumatic Diseases. Results of the REUMAVID study. Speaker: Garrido - Cumbrera, Marco (Spain) Chairman: Chatzidamianos, Theodoros (Greece) ORAL PRESENTATIONS III Chairs: Christakou, Anna (Greece), Vera-Salazar, Roberto (Chile) From OP-17 to OP-25



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Friday May 6, 2022

10:00 - 11:00	Session III Chairs: Bournousouzis, Elefterios (Greece), Sfetsioris, Dimitrios (Greece)
10:00 - 10:15	Early Mobility: a preventing strategy to Post Intensive Care Syndrome. Patsaki, Irini (Greece)
10:15 - 15:30	Lifestyle as a holistic path to the future. Staub, Cristina (Switzerland)
10:30 - 10:45	The Process of Establishing the Mental Health Subgroup in Italy. Mazzarotto, Deborah (Italy)
10:45 - 11:00	The effects of daily movement and sitting time on sleep and health in elderly. Vanderlinden, Julie (Belgium)
11:00 - 11:20	KEYNOTE SPEAKING: Health politics and economic on physiotherapy in mental health
	The impact of COVID-19 on quality of life and mental health in 8 countries across the globe. Speaker: Yfantopoulos, John (Greece) Chairman: Chatzidamianos, Theodoros (Greece)
11:20 - 12:20	Session IV Chairs: Fordham, Lauren (UK), Rozenbergs, Didzis (Latvia)
11:20 - 11:35	Is sound therapy the key to efficiency stress management? Stathopoulos, Stavros (Greece)
11:35 - 11:50	Psychological issues in sport injury physiotherapy rehabilitation. Christakou, Anna (Greece)
11:50 - 12:05	Sleep for a happy tomorrow. Staub, Cristina (Switzerland), Vanderlinden, Julie (Belgium)
12:05 - 12:20	Prevalence of persistent postoperative arm pain after breast cancer surgery and the association with functionality and disability of the affected upper limp. Michael - Vargiamidou, Polyxeni (Cyprus)
12:25 - 13:25	Lunch break



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Friday May 6, 2022

13:30 - 14:00	KEYNOTE SPEAKING: The Media perspective
	Is physiotherapy important to the mental health of citizens? The Media perspective in the European Union. Speaker: Tsaousidou, Isaia (Greece) Chairman: Chatzidamianos, Theodoros (Greece)
14:00 - 15:00	Session V: INTERDISCIPLINARY APPROACH TO MENTALLY ILL Chairs: Stathopoulos, Stavros (Greece), Catalán - Matamoros, Daniel (Spain)
14:00 - 14:10	The role of the psychiatrist in the interdisciplinary team. Gkouvas, Nikolaos (Greece)
14:10 - 14:20	Mental Health & Occupational Therapy: A long-standing relationship. Kouloumpi, Maria (Greece)
14:20 - 14:30	The role of psychiatric liaision nurse in a general hospital. Mangoulia, Polyxeni (Greece)
14:30 - 14:40	The Role of Psychological Skills within Physiotherapy. Paschou, Fani (Greece)
14:40 - 15:50	Comprehensive psychosocial evaluation in the mentally ill. The role of social work in the interdisciplinary approach and in the psychosocial rehabilitation of the mentally ill. Verikaki, Olga (Greece)
14:50 - 15:00	The Role of Psychological Skills within Physiotherapy. Vancampfort, Davy (Belgium)
15:00 - 15:15	Closing ceremony Catalán - Matamoros Daniel (Spain) Stathopoulos, Stavros (Greece)



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Oral Presentations

OP-01	THE FUTURE OF DIAGNOSTICS IN MH
	Cristina Staub Physiotherapist, Ausgeschlafen.ch, Service sans Soucis, Switzerland.
OP-02	ADVANCED PHYSIOTHERAPY PRACTICE (APP) IN MH
	Cristina Staub Physiotherapist, Ausgeschlafen.ch, Service sans Soucis, Switzerland.
OP-03	RELIABILITY OF THE GERMAN TRANSLATION OF THE BALANCE EVALUATION SYSTEMS TESTS BY PEOPLE WITH SCHIZOPHRENIA SPECTRUMS DISORDERS AND THEIR HEALTHY CONTROLS
	Haselwander Maren ¹ , Barbara Limberg ² , Matthias Weisbrod ³ , Gudrun Diermayr ⁴ ¹ Academic stuff, Fakultät für Therapiewissenschaften, SRH Hochschule Heidelberg, Germany. ² Physician, Abtl. für Psychiatrie und Psychotherapie, SRH Klinikum Karlsbad-Langensteinbach, Germany. ³ Professor, Abtl. für Psychiatrie und Psychotherapie, SRH Klinikum Karlsbad-Langensteinbach, Germany. ⁴ Professor, Fakultät für Therapiewissenschaften, SRH Hochschule Heidelberg, Germany.
OP-04	THE EFFECTIVENESS OF MOTOR IMAGERY ON REHABILITATION OF MUSCULOSKELETAL INJURIES
	Anna Varytimidi ¹ , Megi Goxho ¹ , Anna Christakou ² , George Papathanasiou ³ ¹ Physiotherapist, Physiotherapy, University of West Attica, Greece. ² Assistant Professor, Physiotherapy, University of Peloponnese, Greece. ³ Professor, Physiotherapy, University of West Attica, Greece.
OP-05	INFLUENCE OF PATIENT-REPORTED DISTRESS AND WEEKDAY OF ADMISSION ON LENGTH OF HOSPITAL STAY IN PATIENTS WITH LOW BACK PAIN: A RETROSPECTIVE COHORT STUDY
	Emanuel Brunner ¹ , Wim Dankaerts ² , Davy Vancampfort ³ ¹ Dr., Institute of Therapies and Rehabilitation, Kantonsspital Winterthur, Switzerland. ² Prof. Dr., FABER, KU Leuven, Belgium. ³ Dr., FABER, KU Leuven, Belgium.
OP-06	THE CREATIVE BODY IN PHYSIOTHERAPY. THE UTILIZATION OF EMBODIMENT IN DEVELOPING AN INTERDISCIPLINARY APPROACH IN MENTAL HEALTH
	Soultana Apostolidou ¹ , Ioanna Giannopoulou ² , Aristomenis Karmiris ³ ¹ Physiotherapist MA in Dance Movement Therapy, Department of Physiotherapy, G. Gennimatas General Hospital of Thessaloniki, Greece. ² Chartered Physiotherapist NDT, Department of Physiotherapy, Hippokrateion General hospital of Thessaloniki, Greece. ³ Physiotherapist Msc, PhD candidate, Department of Physiotherapy, G. Gennimatas General hospital of Thessaloniki, Greece.
OP-07 OP-08	CANCELLED EXHALED BREATH AND MENTAL DISORDERS. IS THERE ANY ASSOCIATION?
	Stephanos Patsiris Physiotherapist MSc, Physiotherapy, General Hospital of Corfu, Greece.



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OP-09	THE EFFECT OF BASIC BODY AWARENESS THERAPY (BBAT) IN A GROUP OF PERSON-CENTERED PSYCHOTHERAPISTS; TOWARDS A BROADENING OF BOTH PSYCHOTHERAPY AND PHYSIOTHERAPY PERSPECTIVES
	Stefania Kontadaki ¹ , Ismini Kamari ² ¹ Physiotherapist, Self-employed, Self-employed, Greece. ² Psychololgist, Self-employed, Self-employed, Greece.
OP-10	DIFFERENCES BETWEEN EXERGAMING REHABILITATION AND CONVENTIONAL PHYSIOTHERAPY IN QUALITY OF LIFE IN PARKINSON'S DISEASE: A SYSTEMATIC REVIEW AND META-ANALYSIS
	Elena Papamichael ¹ , Christina Michailidou ² , Demetris Solou ³ ¹ Phd Candidate in Physiotherapy, Department of life and health sciences, University of Nicosia, Cyprus. ² Doctor in Physiotherapy, Department of life and health sciences, University of Nicosia, Cyprus. ³ MD, Faculty of Medicine, University of Freiburg, Germany.
OP-11	CANCELLED
OP-12	EFFECT OF A MINDFULNESS-BASED INTERVENTION TO REDUCE LEVELS OF DEPRESSION, ANXIETY AND PERCEIVED STRESS IN PHYSIOTHERAPY STUDENTS
	Lizbeth Rodríguez Márquez ¹ , Norma Elisa Gálvez Olvera ² , Arelí Guadalupe Morales Hernández ³ , Elizabeth Rodríguez Santillán ³ , Sergio Palacio Castañeda ⁴ ¹ <i>MPT, Facultad de Enfermería, UAQ, Mexico.</i> ² <i>Mtra., Facultad de Enfermería, UAQ, Mexico.</i> ³ <i>Dra., Facultad de Enfermería, UAQ, Mexico.</i> ⁴ <i>EFT., Facultad de Enfermería, UAQ, Mexico.</i>
OP-13	THE EFFECT OF EXERCISE ON MAJOR DEPRESSION DISORDER FOR MULTIPLE SCLEROSIS PATIENTS
	Kyriaki Hadjiyiasemi University of Nicosia, Physiotherapy, University of Nicosia, Cyprus.
OP-14	THE EFFECTS OF A MINDFULNESS MOVEMENT THERAPY PROGRAMME ON ANXIETY AND DEPRESSION IN PATIENTS WITH STROKE
	Weeranan Yaemrattanakul ¹ , Phanprapa Rungrit ² , Helge Gillmeister ³ , Joanna Jackson ⁴ ¹ Dr., Department of Physical Therapy, Prince of Songkla University, Thailand. ² Physiotherapist, Department of Rehabilitation Medicine, Prince of Songkla University, Thailand. ³ Dr., Department of Psychology, University of Essexrince of Songkla University, United Kingdom. ⁴ Professor, School of Sport, Rehabilitation and Exercise Sciences, University of Essex, United Kingdom.
OP-15	THE EFFECTIVENESS OF A COMMUNITY-BASED EXERCISE AND EDUCATIONAL PROGRAMME ON DEPRESSION IN GREEK POPULATION WITH PARKINSON'S DISEASE
	Theodoros Chatzidamianos ¹ ,Narayan Prabhu ² , James Selfe ³ , Panagiotis Zikos ⁴ ¹ Academic Fellow, Physiotherapy, university of West Attica, Greece. ² Senior Lecturer, Physiotherapy, Manchester Metropolitan University, United Kingdom. ³ Professor, Physiotherapy, Manchester Metropolitan University, United Kingdom. ⁴ Neurologist, Curator of the Neurological Department, 251 Hellenic Air Force General Hospital, Greece.



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Oral	Presentations

OP-16	EXPLORING THE CONFIDENCE AND ATTITUDES OF PHYSIOTHERAPY STUDENTS IN THE UNITED KINGDOM TO WORK WITH PEOPLE EXPERIENCING MENTAL ILLNESS
	Erin Byrd ¹ , Laura Hemmings ² , Samantha McIver ³ ¹ Senior Lecturer, Sport, Health Sciences and Social Work, Oxford Brookes University, United Kingdom. ² Teaching Fellow, Sport, Exercise and Rehabilitation Sciences, University of Birmingham, United Kingdom. ³ Clinical Lead Physiotherapist in Mental Health, Physiotherapy, Midlands Partnership Foundation Trust, United Kingdom.
OP-17	CONCEPTUALIZING TRAUMA-FOCUSED PHYSIOTHERAPY: A SPECIALIZED TREATMENT APPROACH FOR SURVIVORS OF TRAUMA
	April Gamble ¹ , Ilona Fricker ² ¹ Physiotherapy Trainer, Physiotherapy, The Center for Victims of Torture, Iraq. ² Clinical Advisor for Physiotherapy, International Services, The Center for Victims of Torture, USA.
OP-18	THE PERSPECTIVE OF ADOLESCENTS WITH AUTISM SPECTRUM DISORDER REGARDING BARRIERS AND FACILITATORS OF PHYSICAL ACTIVITY PARTICIPATION
	Anke Arkesteyn ¹ , Véronique Cornelissen ² , Jean Steyaert ³ , Tine Van Damme ⁴ ¹ PhD student, Rehabilitation Sciences, Research Group for Adapted Physical Activity and Psychomotor Rehabiliation, KU Leuven, Belgium. ² Professor, Rehabilitation Sciences, Research Group for Rehabilitation in Internal Disorders, KU Leuven, Belgium. ³ Professor, Center for Developmental Psychiatry, KU Leuven, Belgium. ⁴ Assistant professor, Rehabilitation Sciences, Research Group for Adapted Physical Activity and Psychomotor Rehabilitation, KU Leuven, Belgium. ⁴ Assistant professor, Rehabilitation Sciences, Research Group for Adapted Physical Activity and Psychomotor Rehabilitation, KU Leuven, Belgium.
OP-19	THE EFFECTIVENESS OF BBAT AS ADD-ON TO CBT FOR PATIENTS WITH SOCIAL ANXIETY DISORDER
	Lene Nyboe PT/PhD, Anxiety and Depression, Aarhus University Hospital, Denmark.
OP-20	"IT'S ABOUT SENSING SOMETHING DIFFERENT". A QUALITATIVE STUDY ON PATIENTS' EXPERIENCES
	OF PHYSICAL THERAPY INTERVENTION IN THE TREATMENT OF SEVERE NON-SUICIDAL SELF-INJURY
	OF PHYSICAL THERAPY INTERVENTION IN THE TREATMENT OF SEVERE NON-SUICIDAL SELF-INJURY <u>Lene Nyboe</u> ¹ , Mette Kragh ² , Jane Magleby ³ ¹ PT/PhD, Anxiety and Depression, Aarhus University Hospital, Psychiatry, Denmark. ² Nurse, PhD, Anxiety and depression, Aarhus University Hospital, Psychiatry, Denmark. ³ PT, Anxiety and Depression, Aarhus University Hospital, Psychiatry, Denmark.
OP-21	Lene Nyboe ¹ , Mette Kragh ² , Jane Magleby ³ ¹ PT/PhD, Anxiety and Depression, Aarhus University Hospital, Psychiatry, Denmark. ² Nurse, PhD, Anxiety and depression, Aarhus University Hospital, Psychiatry, Denmark.
OP-21	Lene Nyboe ¹ , Mette Kragh ² , Jane Magleby ³ ¹ PT/PhD, Anxiety and Depression, Aarhus University Hospital, Psychiatry, Denmark. ² Nurse, PhD, Anxiety and depression, Aarhus University Hospital, Psychiatry, Denmark. ³ PT, Anxiety and Depression, Aarhus University Hospital, Psychiatry, Denmark. THE EFFECTS OF A PHYSIOTHERAPEUTIC SCHEME IN THE TREATMENT OF THE ANXIETY DISORDERS
OP-21 OP-22	Lene Nyboe ¹ , Mette Kragh ² , Jane Magleby ³ ¹ PT/PhD, Anxiety and Depression, Aarhus University Hospital, Psychiatry, Denmark. ² Nurse, PhD, Anxiety and depression, Aarhus University Hospital, Psychiatry, Denmark. ³ PT, Anxiety and Depression, Aarhus University Hospital, Psychiatry, Denmark. THE EFFECTS OF A PHYSIOTHERAPEUTIC SCHEME IN THE TREATMENT OF THE ANXIETY DISORDERS AND ANOREXIA NERVOSA IN A TEENAGE GIRL WITH TYPE 1 DIABETES MELLITUS Pelagia Tsakona



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Oral Presentations

OP-23	MOVEMENT IN AUTISM: FROM UNDERSTANDING TO THERAPY
	Marietta Mylonopoulou ¹ , Vasliki Zisi ¹ , Ioulia Gidarakou ² , Mayia Korkokiou ³ ¹ Physiotherapist, Paediatric/NDT, KNAP, Greece. ² Occupational Therapist, Paediatric / SI, KNAP, Greece. ³ Psychotherapist, Paediatric / DESS RAUS, KNAP, Greece.
OP-24	CROSS-SECTIONAL COMPARISON ON STRESS PHYSIOLOGY BETWEEN ADOLESCENTS ON THE AUTISM SPECTRUM AND TYPICALLY DEVELOPING PEERS
	Anoushka Thoen ¹ , Kaat Alaerts ² , Jean Steyaer ¹³ , Tine Van Damme ² ¹ Dra., Department of Rehabilitation Sciences, KU Leuven, Belgium. ² Prof. dr., Department of Rehabilitation Sciences, KU Leuven, Belgium. ³ Prof. Dr., Department of Neurosciences, KU Leuven, Belgium.
OP-25	MENTAL HEALTH A FUNDAMENTAL PILLAR FOR THE RECOVERY FROM COMPLEX REGIONAL PAIN SYNDROME (CRPS) IN A PROPOSED CLINICAL CONCEPTUAL MODEL
	Tracey Pons Specialist Pain Physiotherapist, Pain Management Physiotherapy, New Zealand.



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	Anne-Mette Karrer ¹ , April Christine Gamble ² ¹ PT, MSc. Senior Clinical Advisor, International Programmes, DIGNITY- Danish Institute Against Torture, Denmark. ² Clinical Advisor and Trainer, International Programmes, DIGNITY- Danish Institute Against Torture, Denmark.
	CANCELLED
eP20	ASSESSMENT TOOLS FOR THE STUDY OF THE EFFECTIVENESS OF PHYSICAL EXERCISE INTERVENTIONS IN FUNCTIONALITY OF PEOPLE WITH MILD DEMENTIA
	Vasileios Papatsimpas ¹ , Sotiria Vrouva ² , Dimitra Moutafi ³ , George Krommidas ⁴ , Daphne Bakalidou ⁵ ¹ MSc, PhD (c), Academic Fellow, Department of Physiotherapy, LANECASM Research Lab, University of West Attica, Greece. ² MSc, PhD, Academic Fellow, Department of Physiotherapy, LANECASM Research Lab, University of West Attica, Greece. ³ MSc, Nurse, Pathological Department, General Hospital Konstantopouleio, Greece. ⁴ MD,PHD, Technological Education, Vocation School, Greece. ⁵ Associate Professor, Department of Physiotherapy, LANECASM Research Lab, University of West Attica, Greece.
eP21	THE EFFECTS OF EXERCISE ON MENTAL HEALTH OF BREAST CANCER PATIENTS
	Aristi Tsokani ¹ , Vasiliki Stefanouli ¹ , Eleni Tsounia ¹ , Konstantinos Chandolias ² , Nikolaos Strimpakos ³ ¹ PhD candidate, Health Assessment and Quality of Life Research Lab, Department of Physiotherapy, University of Thessaly, Greece. ² Adjunct Lecturer, Health Assessment and Quality of Life Research Lab, Department of Physiotherapy, University of Thessaly, Greece. ³ Professor, Health and Quality of Life Research Lab, Department of Physiotherapy, University of Thessaly, Greece.
eP22	THE EFFECT OF HYDROTHERAPY IN MENTAL HEALTH AND QUALITY OF LIFE OF VARIOUS DISEASES
	Konstantinos Chandolias ¹ , Eleni Argyroula Tsounia ² , Vasiliki Stefanouli ² , Aristi Tsokani ² , Nikolaos Strimpakos ³ ¹ Adjunct Lecturer, Post doc, Health Assessment and Quality of Life Research Lab, Physical Therapy, University Of Thessaly, Greece. ² Phdc, Health Assessment and Quality of life Lab, Physical Therapy, University of Thessaly, Greece. ³ Professor, Head of Health Assessment and Quality of Life Research Lab, Physical Therapy, University of Thessaly, Greece.
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	Elena Argyroula Tsounia ¹ , Konstantinos Chandolias ² , Aristi Tsokani ¹ , Vasiliki Stefanouli ¹ , Nikolaos Strimpakos ³ ¹ Phdc, Health Assessment and Quality of Life Research Lab, Physical Therapy, University of Thessaly, Greece. ² Adjunct Lecturer, Health Assessment and Quality of Life Research Lab, Physical Therapy, University of Thessaly, Greece. ³ Professor, Health Assessment and Quality of Life Research Lab, Physical Therapy, University of Thessaly, Greece.
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	Filitsa Tsentidou ¹ , Glykeria Tsentidou ² ¹ Physiotherapist, Private Pysiotherapy Center, Katerini, Greece. ² Psychologist, Health Center of Katerini, Katerini, Greece.



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	 Christina Bouzineki¹, Nikoletta Geronikola², Sophia Kanellopoulou³, <u>Anna Christakou</u>⁴, Vasiliki Sakellari⁵ ¹ Physiotherapist, MSc student, MSc "New Methods in Physiotherapy" Physiotherapy Department, Faculty of Health and Care Sciences, University of West Attica, Egaleo, Attica; Greece, Day Care Center in Maroussi, Athens Alzheimer Association, Greece. ² Clinical Psychologist/Neuropsychologist, PhD Student, University of Athens, Medical School, Day Care Center in Panormou, Alzheimer Athens Association, Greece. ³ Health Psychologist, Day Care Center in Maroussi, Athens Alzheimer Association, Greece. ⁴ Assistant Professor, Physiotherapy, Faculty of Health and Care Sciences, University of Peloponnese; Sparti, Greece. ⁵ Professor, Physiotherapy, Faculty of Health and Care Sciences, University of West Attica; Athens, Greece.
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	Vasiliki Stefanouli ¹ , <u>Aristi Tsokani</u> ¹ , Konstantinos Chandolias ² , Eleni Tsounia ¹ , Nikolaos Strimpakos ³ ¹ PhD candidate, Health Assessment and Quality of Life Research Lab, Department of Physiotherapy, University of Thessaly, Greece. ² Adjunct Lecturer, Health Assessment and Quality of Life Research Lab, Department of Physiotherapy, University of Thessaly, Greece. ³ Professor, Health Assessment and Quality of Life Research Lab, Department of Physiotherapy, University of Thessaly, Greece.
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	Lidia Carballo-Costa Senior lecturer, MSc, Physiotherapy, Medicine and Biomedical Sciences, University of A Coruna, Spain.
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	Nikolaos Mastoras Physiotherapist, Physiotherapy, Day Care Center of Ioannina, Greece.
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	Georgios Mitsikaris Physiotherapist, 1 st Vocational High School, Megalopoli, Greece.
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	Charonitis Epameinondas ¹ , Charoniti Marianthi ² ¹ Physiotherapist specialized in neurological diseases, self employed, Greece. ² Physiotherapist specialized in musculoskeletal and lymphatic diseases. self employed, Greece.
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	Olga Gerouti Physiotherapist, Physiotherapy Center, Healtherapy, Greece,

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